

# SISTERHOOD CONNECT GROUP STUDY



**BRAVE  
WOMEN  
RUN  
IN  
MY  
FAMILY**

*Connect Study 19*

## **Maintaining a right spirit**

*'Whoever has no rule over his own spirit  
is like a city broken down, without walls.'* (Proverbs 25:28 NKJV)

Pastor Brian began this year with a series of ten devotional studies on the importance of guarding our spirits. In this study we are going to apply some of those thoughts to our lives as we start a new year in our Sisterhood connect groups. It is a bit of a heart check!

*Take some time to consider the following questions in relation to your own life:*

- **Read Proverbs 4:23.** What areas do you need to guard your heart (spirit) in most? Where are you most vulnerable?
- **Read Psalm 51:10-12.** Discuss these verses. What do you think it means to have a steadfast and willing spirit?
- **Read Exodus 17:24.** Who do you allow to speak into your life? How teachable are you?
- **Read 2 Corinthians 10:12,13.** In what ways do you tend to compare yourself to others? Are there times when you think that you deserve more respect or honour than you are receiving?
- **Read 2 Corinthians 6:14.** Who are you partnered with? Are these partnerships moving you forwards in your Christian life or holding you back?
- **Read Proverbs 9:7-12 (Message).** How good are you at taking responsibility for failure? How can you improve in this area?
- **Read Joshua 1:8.** Who gets the glory when you experience success?
- **Read Psalm 101:3,4 and 2 Thessalonians 3:14,15.** Without naming names, are there people that you need to distance yourself from this year because of their effect on you? What effect do they have?
- **Read Ephesians 6:12.** Who do you blame when you experience opposition? Are you fighting the right enemies?
- **Read John 16:13.** Pray for one another that you will allow the Holy Spirit to lead you into all truth this year and direct your future.



# SISTERHOOD CONNECT GROUP STUDY

**Activity:** Each connect group member shares one goal that they have set for the year. Briefly discuss how it can be achieved and agree to be accountable to one other person over it.

## **PRAY**

Pray for each other at the start of a new year in Sisterhood that this will be your best and most fruitful year yet.

---

## **NATION BUILDERS**

At the start of the year we have the opportunity as Connect Group to set the Faith Goal for what we are believing to give towards Nation Builders. Nation Builders is the Missions Giving of Hillsong Church. Together as Connect Groups we are believing for UNUSUAL things to happen. Take the time during your next meeting to inspire your group to set a Faith Goal for 2015, and let's believe together for our Nation Builders to spark UNUSUAL miracles!

## **PASTORAL CARE**

We have a pastoral care team at church to walk alongside people in your group who may be going through a tough time.

Please contact the church office Sydney 02 8853 5353, Melbourne 03 9720 2099, Brisbane 07 3422 8500 or Newcastle 02 4927 1888 to let us know of anybody in your group (with their permission) who have sickness, death of a loved one, marriage challenges, surgeries.

