



LIFE DOES NOT HAVE TO BE
a lonely road

SISTERHOOD CONNECT STUDY 3

LIFE DOES NOT HAVE TO BE A LONELY ROAD

Jesus went up on a mountainside and called to him those he wanted, and they came to him.' (Mark 3:13, NIV)

At times life can be a lonely road, but that is not what it is supposed to be. We are not meant to live in isolation but are created to live in community and to have fellowship with others. Jesus exemplified this way of life. He invited a group of people (the disciples) into his life in order to do the journey of life together with them. There is a beauty in meaningful relationships. Friends that we trust are not there always to agree with us, but they are there to sharpen us so that we become more like Jesus. And throughout our life we can trust that God will be on the journey with us!

Consider the following points and questions in relation to your own life:

1) Take people with you on the journey.

- Read Mark 3:13-19. It takes effort, time, and heart to take people on our journey. Jesus handpicked his disciples. Who do you want to take with you on the journey? Who is in the same season as you? How can you invite them into your life?
- Read Proverbs 27:17. It is easy just to have people in our life who agree with us but that will not necessarily help us to grow. Who have you invited into your life to sharpen you?
- Read John 21:15-17. Jesus was betrayed by Peter, but welcomed him back in. Discuss how you have been able to overcome hurt and rejection in the past. How can you keep on loving?

2) We need to release people.

- Read Luke 10:1-4 and 17-20. Jesus released his disciples. Share an experience where someone has released you. How did you feel?
- Discuss how you can be the kind of person who is secure and generous enough to release others. What can hold you back at times?



3) We need to retreat.

- Read Luke 5:15-16. Jesus knew how to retreat to be with his Father, the most important relationship of all. Share how and where you personally prefer to retreat in God's presence.

Action: What are you going to do this week to either take someone on the journey with you, to release someone, or to retreat into God's presence?

Pray: Pray for one another that God would enrich the relationships you have and that He would bring meaningful relationships into your life. Thank Him for His presence in your life.

PASTORAL CARE

We have a pastoral care team at church to walk alongside people in your group who may be going through a tough time.

Please contact the church office Sydney 02 8853 5353, Melbourne 03 9720 2099, Brisbane 07 3422 8500 or Newcastle 02 4927 1888 to let us know of anybody in your group (with their permission) who have sickness, death of a loved one, marriage challenges, surgeries.

