



LEADERSHIP
NETWORK

Youth: Radical Discipleship Groups (RDGs)

This is a snapshot of our *'Youth: Radical Discipleship Groups (RDGs)'* resource.

1. WHAT ARE RADICAL DISCIPLESHIP GROUPS (RDGs)?

A Radical Discipleship Group (RDG) is the discipleship and leadership of young people between the age of 12-18. Youth leaders take the time to personally invest into every aspect of a young person's life.

2. HOW DOES AN RDG RUN?

- An RDG runs fortnightly for the duration of 1 hour to 2 hours
- The basic structure of an RDG session is to create family, to have physical / spiritual food, and to have fun
- A leader is provided with an RDG study each fortnight so the leader has some guidelines to bringing a biblical thought / teaching
- The keys to running a healthy RDG:
 - Centre it around Jesus Christ
 - Make it convenient for the young people attending the RDG, not the leader
 - Be consistent!
 - Create an environment to help enable the young people to become friends with one another

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3. WHAT IS THE LEADERSHIP STRUCTURE?

- The leadership structure of RDGs start with the youth pastor(s) who disciple and lead tribal leaders
- The tribal leaders oversee a geographical area and a group of youth leaders whom they personally look after
- The youth leaders in each geographical area are responsible for the young people in that respective area and these leaders are called RDG leaders

4. WHAT ARE THE EXPECTATIONS OF AN RDG LEADER?

- An RDG leader prays for their RDG
- An RDG leader makes personal contact with the young people in their RDG weekly
- An RDG leader remembers special occasions such as birthdays and sporting events
- An RDG leader makes monthly memorable moments
- An RDG leader meets and engages the parents on a monthly basis
- An RDG leader acknowledges and encourages spiritual growth in they young people in their RDG, through RDGs, Friday Nights, and Weekend Services

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