



Youth Discovery Leader's Manual

Leaders taking the time to personally invest into a young person is one of the most important aspects of a healthy youth ministry. Here you will find a leader's manual of the Discovery course that will assist a youth leader disciple a young person who has made a commitment to follow Christ.

Hillsong Youth DISCOVERY ONE

Leaders Manual

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WEEK ONE

Salvation

The GREATEST act of love the world has EVER seen was the life and death and resurrection of the Lord Jesus Christ...

WHO JESUS IS...

- The Son of God (John 3:16)
- Fully God & fully man (John 1:1,14)
- The giver of life (John 10:10)
- Saviour of the world (1 John 4:14)

WHAT JESUS DID...

- A perfect lamb was killed once a year on the “Day of Atonement” (Leviticus 16) to pay for Israel’s sin. Its blood ‘covered’ (paid for) their sin for that year.
- God’s ultimate plan was to wash our sins away forever ...this is why Jesus came to be a sacrifice for our sins – once and for all!!! (Ephesians 5:2) (1 John 4:10)
- His death saved us from our sins (Romans 6:23) (Hebrews 9:28)
- His death made a way back to God (Ephesians 2:13)
- His resurrection destroyed the power of death & Satan’s work (1 John 3:8) (1 Corinthians 15)

WHY JESUS DID WHAT HE DID...

- So that we could be saved by believing what God has done & confessing Jesus is Lord of our lives (Romans 10:9-10)
- So that we could have a friendship restored to God (John 14:6)

WHAT HAPPENS AFTER WE HAVE GIVEN OUR LIVES TO JESUS?

- Our sins are washed away (Psalm 103:12)
- We become “born again” Christians (John 3:3) (Acts 11:26)
- We get abundant life here on earth (John 10:10)
- We get eternal life with God in Heaven (John 3:16)

GOD IS...

- All-powerful (Exodus 6:3), all-knowing (Psalm 147:5) and all-present (Psalm 139:7-10)
 - All-powerful – He can do anything
 - All-knowing – He knows everything
 - All-present – He is everywhere

WE ARE...

- Created in the image of God (Genesis 1:26-27)
- Given by God, the power of choice (Deuteronomy 30:19)
- Sinful, which is why we need the forgiveness of God (Romans 3:23)

WHAT THIS MEANS FOR US NOW...

- We have all sinned and our sin results in a seperation from God (Revelation 20:10-15) (Romans 6:23)
- God’s justice requires that the penalty for sin must be paid...that is why He sent Jesus to be the sacrifice for our sins (John 3:16) (Romans 5:8)
- We are no longer slaves to sin. Sin is when we fall short of the glory of God and miss the mark, its when we do stuff God doesn’t like. (Romans 3:23)
- We have a choice – live a life away & independent from God and pay for our own sin...OR...live our live with & dependence on God & accept Jesus’ death as payment for our sin.

WEEK TWO

Getting to know God

Once we have become a Christian (when we ask Jesus into our heart) we need to get to know God. The best way to do that is to spend time with Him. The best ways to spend time with God each day are reading your Bible (God's Word), praying & worshipping God.

THE BIBLE IS...

- The word "Bible" simply means books. It contains 66 books, was written over more than 1500 years by around 40 different authors.
- God's eternal word to us (1 Peter 1:23-25)
- Our manual for living (Psalm 119:9-16)

WHAT THE BIBLE DOES...

- Shows us who Jesus is (John 5:39)
- Equips us for every aspect of life (2 Timothy 3:16-17)
- Teaches us the truth that brings freedom (John 8:32)
- Helps us to see God's plan for our lives (Psalm 119:105)
- Helps us to know right from wrong (Matthew 4:4-11)
- Keeps us pure (Psalm 119:9)

HOW TO GET THE MOST OUT OF THE BIBLE...

- Start by reading the story of Jesus (The Gospels – Matthew, Mark, Luke & John)
- Read a short passage or a chapter of the Bible every day
- Ask God, before you start reading, to help you understand what you are about to read

- Think and pray about what you've just read...Ask yourself, "What does this mean for me?"...Write down in a journal the main things that God spoke to you about through what you just read
- Write down anything you don't understand and then ask a leader

Prayer is simply talking & communicating with God, and allowing God to talk to and communicate to us.

WHY PRAY?

- God commands us to pray (Matthew 6:9) (1 Thessalonians 5:17)
- God hears & responds to our prayers (John 16:24) (1 John 5:14-15)
- Prayer gives God the honour that He is due (Luke 11:2)
- Prayer establishes God's rulership on earth and in our lives (Matthew 6:10-13)
- We get to know God more through prayer (Luke 11:9-10)

HOW WE SHOULD PRAY...

- With confidence that God hears us and loves us unconditionally (Hebrews 4:16)
- Prayers that agree with the Bible (1 John 5:14)
- In the name of Jesus (John 14:13-14)
- On our own (Matthew 6:5-6)
- With others (Acts 4:24) (Matthew 18:19)

Prayer might seem a little awkward at first, but the more you talk to someone, the more comfortable and confident you become – it's the same with God!!!

7 Minutes with God

30secs

Pray

God will speak to you through His word, the Holy Bible

4 mins

Read your Bible

30 secs

Adoration

Tell God how much you love Him, in your own words

30 secs

Confession

Tell God you are sorry for the things you have done that He doesn't want you to be doing. Say these if you know what they are. Agree with God that because of what Jesus Christ did, you are forgiven.

30 Secs

Supplication

Pray for yourself and your situation. E.g. exams, sports events, opportunities to witness

30 Secs

Intercessions

Pray for others and their situations e.g. family, friends, upcoming events.

30 Secs

Thanksgiving

Simply thank God for answering your prayer, speaking to you, and doing good things in your life. (Give some examples of good things)

WEEK THREE

Living your life totally for God

Living for God is a lifestyle!!! It's all about living for Him day by day, and about giving your best for His Kingdom & purpose. Matthew 28:19-20 is one of the most famous passages in the whole Bible...and it was written for everybody who is a Christian (a disciple/follower of Jesus).

Jesus said, "Therefore go and make disciples of all nations, baptising them in the name of the Father, the Son and the Holy Spirit, and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age."

WHAT DOES THE BIBLE SAY ABOUT CHURCH?

- The word Church simply describes all Christians (Acts 9:31), or specifically Christians who gather together in one place
- The first Christians met together to grow spiritually & numerically and we should do the same (Hebrews 10:25) (Acts 2:42-47)
- The Church is described as:
 - The family of God (Ephesians 3:14-15)
 - The house of God (Hebrews 3:6)
 - The body of Christ (1 Corinthians 12:12-31)
- The Church is a place where everyone has a vital part to play (1 Corinthians 12:12-31)

WHAT DOES THE BIBLE SAY ABOUT SERVICE?

- We should be enthusiastic about serving (1 Peter 5:2)
- We should look for opportunities to serve God and other people (Revelation 1:6) (Galatians 5:13)
- One way we can all serve God is to lead others to Jesus (Matthew 28:19-20)

WHAT WATER BAPTISM IS...

The word baptism means to dip, immerse, plunge or submerge into a substance. It was the way that cloth dyers described the transformation that took place when a piece of cloth was submerged in dye.

Baptism is a symbol of transformation!!!

- It is being totally immersed in water. It is not the same as being sprinkled by water.
- It is a public acknowledgement of our personal faith in Jesus. It is not the same as dedicating or christening an infant.
- It is an outward sign of an inward change that has taken place in your life through faith in Jesus.
- It symbolises the burial of your old life and the resurrection of your new life (Romans 6:1-4) (Colossians 2:12)

WHY BE BAPTISED?

- Jesus commanded us to be baptised (Matthew 28:19)
- Jesus was and He wants us to follow His example (Matthew 3:13-17)
- It is an act of obedience and strengthens our commitment to our new life and helps us move forward (Mark 16:15)

HOW DO WE GET BAPTISED?

- We should be baptised publicly, in front of our new Church family as a sign of our commitment. We are not, however, being baptised into a Church but into Jesus Christ (Acts 19:5)
- We should be fully immersed in water (completely under) in the name of the Father, the Son and the Holy Spirit

WEEK FOUR

The Holy Spirit

The Holy Spirit is going to be one of your best friends, most powerful team-mate, and most encouraging voice throughout your life.

WHO IS THE HOLY SPIRIT?

- He is the 3rd member of the trinity (Father, Son & Holy Spirit) (Matthew 28:19)
- HE IS GOD (Acts 5:1-4)
- He is our helper and counsellor (John 16:7)
- He is the Spirit of Truth (John 16:13)

WHAT DOES THE HOLY SPIRIT DO?

- He testifies about Jesus (John 15:26)
- He glorifies Jesus & makes Him known (John 16:14)
- He convicts us of sin, righteousness & judgement (John 16:8-10)
- He fills us with boldness and courage to be God's witnesses (Acts 1:8)
- He brings us greater joy (Acts 10:46) (Ephesians 5:18-19)
- He enables us to receive spiritual gifts (1 Corinthians 12:4-11)

HOW DO WE RECEIVE THE HOLY SPIRIT?

- We ask God for the Holy Spirit (Luke 11:11-13) (Mark 1:8)
- We receive Him by faith (Mark 11:24) (1 John 5:14-15)
- Ask a leader to pray for us to receive the Holy Spirit (Acts 19:6)