

THERE IS MORE

The Power of Tears

“Restore our fortunes, Lord, as streams renew the desert. Those who plant in tears will harvest with shouts of joy. They weep as they go to plant their seed, but they sing as they return with the harvest.”

Psalm 126:4-6 (NLT)

WATCH

INTRODUCTION



When we think about our tears, we normally associate them with sadness and grief. Tears have often been seen as a sign of weakness or negativity. In actuality, as Pastor Brian explains, there is power in tears! Psalm 126:4-6 says that those who weep plant their seeds, and they'll sing as their harvest returns. Tears have the power to restore fortunes, and those who have planted in tears will harvest with shouts of joy. There is a season of joy and laughter coming!

When talking about the power of tears, there are few more powerful than tears of compassion! For example, Jesus wept tears of compassion for Lazarus, and anytime Jesus was moved by compassion in the Bible, miracles happened! Tears become power when they're heaven directed. When we are overwhelmed, God hears our cries and prayers, and our tears become power!

ENGAGE

- Tears have the power to sow seeds and bring seasons of great harvest in our lives. What would it look like if God used the power of tears in your life?
- What would the harvest of your tears look like? Are they tears of compassion and bring the miraculous into your life?
- Read Psalm 126:
 - What amazing things has the Lord done for you?
 - What tears in your life have you been planting, and how can you sow those tears in order to a reap a good harvest?
 - Having learned and discussed the power of tears in your life, how can you empower others to direct their tears heavenward?

PRAY

ANNOUNCE

- For the power of tears to come to fruition in your life.
- For Pastors Brian & Bobbie Houston as they continue their journeys overseas.

- Sunday Night Live continues this weekend!
- There is More connect group studies are now on the Next Steps app! Look for them within the Grow section of the app.

GIVE

Through Nation Builders, we have the opportunity to resource the vision of Hillsong Church—from planting new locations to funding life-giving initiatives. Visit hillsong.com/nationbuilders for more information. To give to Nation Builders with the Hillsong App, download and select your location— or visit bit.ly/2I5AY1x

We have a pastoral care team at church to walk alongside people through life's challenges. Should anyone in your Connect group have experience sickness, death of a loved one, marriage challenges, or surgeries, (with their permission) please contact our church office: Sydney 02 8853 5353, Melbourne 03 9720 2099, Brisbane 07 3422 8500, Newcastle 02 4927 1888